

Here are some ideas that might be helpful to prepare as Rally Day approaches.

Before Rally Day:

Collect your RSVPs that arrive in email, FB, phone calls, text messages, etc.

Consider a day or three before Rally Day, emailing your people with a reminder of what/where/when.

Be sure to *not* send everyone's email addresses to your whole mailing list.

The correct way to send a mass email is to put yourself in the To: field, and list everyone else in the Bcc: field. Or, just send individual messages instead.

Grab the latest Press Release at <https://DontPunishPainRally.com/PressRelease>

It has form fields where you can put in your contact info, and save it.

Make sure any email address and/or web page actually exists, by testing each one.

Send the file to your TV stations to request live coverage.

Also send it to your non-profit radio stations, to be announced as a Public Service Announcement or upcoming event.

Consider preparing information to hand out for people who happen upon your rally.

Previous files at <https://DontPunishPainRally.com/Handouts>

Other info with possible ideas at <https://DontPunishPainRally.com/RealFacts> and

<https://DontPunishPainRally.com/Refs>

Advise people how to contact their congresscritters at <https://dontpunishpainrally.com/Congress>

If you requested a permit, call the agency and get the approval information (permit number / approval date / etc). Figure out how/when to get an electronic or paper copy of the approval.

On Rally Day:

Have sign-in sheets with pens where people can write their contact info: template at

<https://DontPunishPainRally.com/SignInSheet> This is important for people who did not RSVP, and also tracks which RSVPs actually showed up.

Have a helper keep count of how many people show up. Write that number down on the sign-in sheets.

If you requested a permit then carry that info on Rally Day; first choice is on a paper copy of the permit / application / approval.

In case anyone tries to deny your constitutional rights, some magic words are: "This is a First Amendment Activity being held on public/state/city property. We are not blocking any public walkways or traffic passages."

After Rally Day:

Scan / take a picture of your sign-in sheets and email them to Upload@DontPunishPainRally.com

Ideally, Organizers would enter the handwritten info into a spreadsheet or document and send that in instead.

Visit your Rally's web page and fill in your attendance number.

Above all practice self-care, and
treat yourself - for an effort well done!

